

2019 Summer Specials

Darling Reflections Spa At Arrowwood Resort in
Alexandria

Valid June, July and August 2019

Couples 1 Hour Massage \$160

Enjoy a 60 minute Swedish couples massage catered to your specific needs and preferences. Let our certified Massage Therapists treat you and a friend or loved one in our couples massage room. *subject to availability

Coconut Lime Mani/Pedi

Combo \$80

Our Coconut Lime Mani and Pedi include all nail and cuticle care- clip, file, buff and cuticle removal, callus filing for the feet, exfoliating scrub and a relaxing massage. Keep your feet flip flop ready and your nails looking fresh!

Botanical Mud Body Mask

\$65

With a light, calming fragrance, this treatment can help reduce water retention, joint pain, certain types of acne, eczema and psoriasis. This service includes an lymphatic dry brush, body mask application, herb infused steam treatment and a spa shower.

Skin and Scalp Facial \$85

Our Manuka Honey facial combined with a scalp facial. A great way to soothe away stress and unwind. Includes facial steam, cleanse, massage, exfoliation, Manuka Honey Mask, 10 minute scalp massage, 10 minute arm and hand massage, under eye cream, firming serum and moisturizer.

To schedule appointments, call 320-759-5003. Mention this ad when booking.

*not valid with any other offers, discounts or promotions.

Darling Reflections Spa Intake and Consent Form

Name _____ Phone Number _____

E-mail address _____

Emergency Contact _____

Phone Number _____

Are there any medical conditions we should be aware of? If so, please list them below:

Current Medications _____

List all Allergies (food, medication, environmental etc.)

If pregnant, how far along are you? _____

Preferred massage pressure: Light Moderate Firm

Facial Skin Type: **Dry/Normal** **Oily/Combination**

Please read the following statements carefully before signing:

- The massage or body treatment I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience and pain or discomfort during this session, **I will immediately inform the therapist so that the pressure and/or strokes may be adjusted.**
- Massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical expert for any mental or physical ailment that I am aware of.
- Therapists are not qualified to perform spinal or skeletal adjustments, diagnose, prescribe or treat any mental or physical ailment
- Because massage and bodywork should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions and answered all questions honestly
- Darling Reflections Spa is not responsible for any injury or allergic reaction as a result of any massage, bodywork or facial procedures performed on me.
- Any illicit or sexually suggestive remarks or advances will result in immediate termination of the session and I will be responsible for full payment of scheduled service.

I, _____, have read and understand the previous statements. By signing below I acknowledge my understanding and agree to the previous statements.

Client Signature _____ Date _____

If under 18, parent or Guardian Signature _____

Service Provider _____ Date _____

Introducing *Wonderful Wednesdays* at Darling Reflections Spa

Arrowwood Resort in Alexandria

RELAX, REVITALIZE, RESTORE

**60 Minute Massage and Facial Combo with Melanie and Tori
\$130**

Enjoy a 60 minute massage, catered to your specific needs and preferences. Choose one of our relaxing facials (Signature, Manuka Honey or Anti-Aging Skin Bright).

\$40 SAVINGS

Pamper yourself or bring a friend and enjoy.

**Facial and Pedi Combo with Lisa
\$100**

Enjoy a classic pedicure, keep your feet and toes feeling great all summer. Choose from one of our relaxing facials (Signature, Manuka Honey or Anti-Aging Skin Bright).

\$30 SAVINGS

*Not valid with any other offers, promotions, discounts, specials, or coupons. Valid Wednesday's only. No substitutions, please. Not valid on holidays. Mention this ad when scheduling. Call **320-759-5003** to make an appointment.