

Gluten Free

Appetizers

Baked Chicken Wings

12 chicken wings tossed with your choice of buffalo, parmesan-garlic, or BBQ. \$11

Nachos

Tortilla chips smothered with cheddar cheese, black olives, onion, tomato, jalapenos, green pepper, and seasoned chicken. Served with our house made corn salsa, sour cream, and guacamole. \$11

Salads

Chef Salad

Mixed greens with ham, turkey, shredded cheddar, egg and tomatoes \$12

Strawberry Fields

Fresh spinach topped with grilled chicken breast, dried cranberries, strawberries, and candied walnuts. \$14

Chicken Caesar

Fresh romaine tossed with creamy Caesar dressing, topped with grilled chicken breast and shredded parmesan cheese. \$11

Dressings: Caesar, French, thousand island, honey mustard, poppy seed, avocado, olive oil & vinegar

Burgers & Sandwiches

Served with side salad or fruit

California Chicken

Grilled chicken, onion, tomato, avocado, and Swiss cheese, on gluten free bun with garlic aioli. \$11

Grilled Salmon Sandwich

Grilled salmon on a gluten free bun served with lettuce, tomato, red onion, and lemon caper aioli. \$15

Arrowwood Burger

American, Swiss cheese, bacon, sautéed mushrooms, and onions served on a gluten free bun. \$12

Filet Mignon

7 ounce. \$29

Top Sirloin

8 ounce. \$23

Rib Eye

12 ounce center cut. \$29

